

AREA'S TO LOOK FOR *RESENTMENTS*

Lawyers
Court system
Police departments
Police officers
Jailers
Tax laws
Bill collectors
People who gossip
People that died
People at bars
Family rules
Society's rules
People that try to tell me-
what to do
Friends
Your spouse
Someone else's spouse
DNR
Oil companies
Politics
People in politics
Political views and ideals
Bad drivers
Predators
Thieves
Con artists
Bad business practices
Insurance companies
Policies
People with money
People without money
Panhandlers
Churches
GOD
Religious people
Bosses past and present
Coworkers
Nurses

Dentists
Telephone marketers
Government
Government workers
Government policies
Government ideals
Baby sitters
Childhood friends
Childhood enemies
Teachers
Neighbors
Bullies
Parents
Siblings
Relatives
People from 12 step groups
Sponsors
Grandiose people
Boyfriends past or present
Girlfriends past or present
Psychiatrists
Company's you worked for
Getting older
Children yours or someone-
else's
Sales people
Diseases that kill or change-
people
Casinos
Addictions
People that disappoint us
Utility companies
Companies that rip us off
People of other races
Racists
People with different views
Doctors